

## **Expose 77 K41**

### **Don't Outsource your Thinking**

This is Expose 247. And we welcome you to another explosive weekend. Here we are going to use the punch line of the scriptures to kick us into the reality of who we are in Christ and what Christ is to us. And we've been on this Knock Out season for a while and we will like to show that our speech and preaching they are not in the enticing words of wisdom of men but in the demonstration of spirit and in power. So we welcome you to demonstration of spirit and power. Do you agree that it's going to be demonstration of spirit and power today? Yes by his grace.

Yeah, viewers thank you for joining us today on this Knock Out season. You know if you've been with us, we've been actually exploring the reality of the fact that we've been given victory in Christ Jesus, and that the job of a Christians, the responsibility of a Christian is not to destroy the devil. Jesus did that already. The Christian is invited to take a stand. It means to make sure that whatever Christ paid for on the cross and that he granted to us through his death and resurrection, we don't allow his enemy to make us ineffective or lay hold upon what Christ actually paid for.

And that is taking us through the book of Ephesians Chapter 6. We've been looking at this armory, every item in the armory that God said guarantee the fact that it doesn't matter what the devil throws at us in terms of schemes and antics, we will never fall, we will always keep standing to the enemy. He gave us those guarantees in Ephesians 6.

And we've been looking at different pieces of item in this armory. And again I want to call your attention to what we said in the past. And the fact is the Bible says having done all to stand. The standing of a Christian is not that you did most of them, the Bible says you have to do all. And what is the all? Taking on every piece of the armory.

In the last transmission we focused on the armory which is the bullet proof vest of righteousness or the breastplate of righteousness. Please I will encourage you to look for that transmission and be blessed by it. But today we are making progress beyond that particular armory. We are going to the next item in the armory.

Follow us quickly through to Ephesians Chapter 6, and that is where we've been actually focusing. We start from verse 14, if you are there, you can read please.

You can start from verse 14 which is where we stopped from last transmission.

## **Ephesians 6:14**

**Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness.**

We've gone through that in the transmission.

Yes, what is the next one?

Verse 15

### **15. And your feet shod with the preparation of the gospel of peace.**

Here we go today. Now, the Apostle Paul by the Holy Spirit is actually making reference to the next item on the armory. He said, your feet need to be shod with the preparation of the gospel of peace.

Now, without too much ado, we can simply say when it comes to the feet, the reason why the Apostle Paul is making reference to this kind of imagery is because as at that time, don't forget the fact that right there at the time of Paul, the Roman government were actually occupying the Israelites territory. So Paul had a very good example in using a Roman soldier to illustrate this deep principles to the body of Christ in Ephesus.

So he says, just like a Roman soldier will have his feet shod. The word shod is a very old English. It means have his feet kitted. Having sandals or shoes on his feet. In that same way, am telling you as Christian that you need to have your feet shod. And then there are some key words we are going to investigate in this Ephesians 6:15.

And again, if you are wondering why are we doing this investigation? The Bible says we need to take on every piece of the armory so that we can stand. He said our feet shod. And the first question is, what about the feet? What do we put on the feet?

I want to call your attention to the fact that you need to put something on your feet as a Christian and you are wondering why the significance of the feet? You and I know one thing, that the feet provides balance.

Now, you see! for a Roman soldier, the kind of sandals or the kind of shoes they actually do put on is not like the kind of shoes we put on when we are going out for a casual work. The kind of sandals they put on have something call spikes under. Theses spikes actually they get hooked on to the ground so that by the time this particular soldier is under attack by the enemy, nothing moves him. That is the point.

Don't forget for example, we put on shoe because we are going somewhere. The Apostle Paul in Ephesians 6 is not asking the Christian to go somewhere. All he's

asking is, he assumed that a Christian is victorious. He assumed that a Christian has received the benefit of the cross. He assumed that a Christian is actually reigning with Christ far above principalities and powers. He is only inviting the Christian not to give place to the devil. And he says if that will happen, you will need to have a kind of fortification at the feet level. Something that hooks you down, so that it doesn't matter whatever the enemy pushes you with, you will still be standing.

You might want to say, this particular item in the armory is so significant. It's so significant. He says something should hook you to the ground. So that it doesn't matter what is trying to shift you. You know, Ephesians 6:4 says neither give place to the devil. It doesn't matter what is trying to push you. You will still be standing. So here we come to this first understanding of this particular adornment of having this shoe on or being shod with preparation of the gospel of peace.

Now, but what is much more important to us this evening is, what is this particular thing that we are supposed to put on our feet that can make us stand? That can make us not yield ground to the devil? Have you noticed, as long as the Romans soldiers, has its spikes under his shoes to the ground, it doesn't matter what wind, it doesn't matter whatever the enemy throws at him, he is not going to give up his ground. Not because he is very smart, not because he is very intelligent. Not because he has some tactics, but because his shoes are hooked on. He is shod in his feet. He's hooked on to the ground, and he will not yield anyplace to the devil.

But what does it tell us about this particular shoe? That is what we are looking at. He said well, this adornment is with the preparation of the gospel of peace. He said there is something about the gospel of peace, that a Christian takes on the revelation of it, and it will guaranty that a Christian feet are hooked on to the ground. It will guaranty that no matter what is being thrown at a Christian, no matter what is being flung by a Christian by the devil, the Christian cannot yield ground, he will not give up space. He says that thing that we have to adorn ourselves with, he said is the preparation, some other translation call it readiness of the gospel of peace.

And you might be wondering readiness for what? preparation for what? Because most times we always say we are ready to go somewhere. Can you see that? You say am preparing to move out, am preparing to go out. But he is asking the Christian to be ready. You wonder ready for what? What are you preparing for? He said be ready for whatever the enemy is bringing.

Let's read this in context, don't forget, from verse 10 to 11 we've seen the fact that he said take your stand against the schemes of the devil. Take your stand against the wiles of the devil. He says a Christian can have his feet so shod that you are ready for

whatever the enemy is bringing. You are not caught off by surprise. It means you are ready, alert, readiness, preparation, readiness of the gospel of peace.

So that is where we are going to focus on today. The gospel of peace, gives a Christian a revelation that guaranties that your feet is hooked on. It doesn't matter what comes at you, you will still be standing. That is what we are going to investigate today as we carry on.

Now please go on with us quickly to Philippians Chapter4. Don't forget there is something about the gospel of peace, that makes our feet hook on to the ground. There is something about the gospel of peace, that make a Christian not to yield ground.

Now, if you want to look at this the other way round. You can simply say a Christian whose feet is not shod with the readiness or the alertness of the gospel of peace, is a Christian that can be moved. He is a Christian that can be shaken, is a Christian that can be pushed aside. Is a Christian that will yield ground to the enemy. And if you will not ever yield ground to the enemy, when I say ground? Am talking about the victory of the cross.

You know when some Christian do pray, we did a particular transmission quite some few ago, we call it don't pray backward. You cannot afford to lose place. The victory that Christ paid for you and granted to you, the Bible expects to lay hold on it and walk in it. We cannot lose ground to the enemy.

So let's look at what is present in the gospel of peace that guarantees that a Christian will always keep standing no matter what push comes against a Christian. That is what we are looking at today.

Philippians 4, quickly let's read from verse 1

**1. Therefore, my brethren dearly beloved and longed for, my joy and crown, so stand fast in the Lord, my dearly beloved.**

Now please take note of the word, the Bible keeps using the word stand fast. He says don't lose ground now. Can you see that? That is stand fast. He is encouraging the Christians to stand. No time to give place to the devil.

Now, go on please,

**2. I beseech Euodias, and beseech Syntyche, that they be of the same mind in the Lord.**

Yes those are two women in the church.

**3. And I intreat thee also, true yokefellow, help those women which labored with me in the gospel, with Clement also, and with other my fellow laborers, whose name are in the book of life.**

Well, as a matter of digression don't forget that these woman who actually are, in a way fighting in the church which should be of the same mind. Paul said these women along with his laborers, their names are in the book of life. Don't understand the fact that some people think if some people are fighting then their names are out. He is saying there that along with my fellow laborers, all there name are still in the book of life anyway, the fighting women.

Like I said, that is kind of digression, that is not what we are focusing on.

You can go on please

**4. Rejoice in the Lord always: and again I say, rejoice**

**5. Let your moderation be known unto all men.**

If you have some translations, he will say let your balance.

Now, we are coming back into context. Don't forget one of the reasons why the Romans soldiers always has his feet shod to the ground, is because he wants balance.

Do you know that it doesn't matter what you have on your helmet or your breastplate, your bulletproof, your helmet, it doesn't matter what kind of belt you put on. If you have unbalance shoes, if you don't have the right footwear, you are going to lose balance.

And one thing the devil does, and let say this and let's make this clear. The devil is an advantage taker. All the devil does is take advantage of the Christian. As long as a Christian doesn't have the balance, all the devil does is comes in and take advantage. The Bible says in 2Corinthians 2:11, he says **we are not ignorant of the schemes of the devil, less he takes advantage**. If you know the devil is an advantage taker, it will mean that you as a Christian, your responsibility lies in the fact that you have to be balance. Imbalance is what the devil takes advantage.

So here is Paul saying to the Philippians church, let your moderation. In other context, let your balance. You can never go to the extreme on either side, you need to be a moderated Christian. Let your balance be known to all men. You might be wondering, the question is what kind of balance is he talking about? He will tell us what kind of balance is. But don't forget your feet being shod with this readiness of the gospel of

peace, having the right footwear majorly gives you the right balance, so that your imbalance doesn't give Satan an opportunity to trip you off. He just take advantage.

So he says balance. He will tell us what that balance is. Let it know to all men,

What does the next says please?

**the Lord is at hand.**

Verse 6

**6. Be careful for nothing,**

Now we are getting to the context. The reason why we are going to this verse, you might be wondering why are we reading Philippians 4: 6?

Again if you don't know whatever the enemy will target against you, you will not be able to appreciate the reason why your feet need to be shod. Or you need to be kitted with the readiness of the gospel of peace. The reason why you need to is because there is something the enemy target.

Have you noticed in our last transmission, we talked about the belt of truth and we specifically mentioned what the devil target at a Christian in that area. We also went on to talk about the bulletproof vest or the breastplate of righteousness and we make mentioned of the things the enemy targeting into that area. Here is the scriptures telling us what the devil target at a Christian in the issue of your feet being shod with gospel of peace.

Here is telling us he said be careful for nothing. If you have other translations, he says **be anxious for nothing.**

Now again, if you look at this, don't take this out of context. He is not saying don't be concerned about your situation. Of course, if you love someone or you have passion for something, it's natural to be concerned about what you are passing through. You see the Apostle Paul telling the brethren, he says my little children of whom am in travail again until Christ be formed in you. Am concern about you. He said my bowels of mercy is concern for you. He is not saying don't be concerned. He is not asking you to be frigid about life. All he is asking for is, even if you are concern about anything, you cannot afford not to have balance. That is why he says in the previous verse, he said be moderate even if you are going to be concerned about something, you cannot get to the point of anxiety about anything.

In fact the word of anxiety in this place in the Greek context means to fall apart. This is not just your basic concern. This is about a concern that is driven you crazy. A

concern that is draining your energy. A concern that is dissipating your strength. This is not just basic concern, this is one that is making you to fall apart.

Now, look at what he says, he says don't be...

Now we begin to see then an indication of what the enemy can be targeting now.

Now, watch this in context.

Go on please

### **Philippians 4: 6**

**...but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.**

Go on please,

**7. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.**

### **And the peace of God...**

Ok that is him. Now we see it. Now this is coming clearer. We have the antidote and we have the poison. It will mean that the Bible is saying, what the revelation of God's peace...don't forget, going back to Ephesians 6, your feet being shod, your feet being kitted with the readiness of gospel of peace. He is saying the revelation of peace, the application of God's peace, what it does is? It target something that the enemy is bringing at your soul. He says what actually happens is the enemy wants to get you to the place of anxiety. The devil want to make sure, you get so careful for things.

And he said what happen is once he does that, he's attacking you and he said, you need to have your feet your shod with the revelation of the peace that the gospel brings that need to make you stock to the ground. You are stock to the ground. It means nothing moves you. You can say like Apostle Paul in Acts Chapter 20, that none of these things move me. You don't say things like that unless your feet is stocked. It means you are stocked in the mud. It means the enemy keep pushing and you are not just even yielding. You are not moving ground.

Don't forget in the previous transmission, we did talk about this unbelief type 1 and type 2. And then we began to see the whole point of prayer. You know atimes in Christianity, some Christians think that the whole point of prayer and supplication is just for us to fight the enemy. The reason why we pray is so that we can gain victory over the enemy or the reason why we pray is so that we can gain dominion over the devil. Well that will be a misuse of prayer. I want to call that prayer abuse.

It tells you in this case that the reason why I asked you to pray with supplication with thanksgiving majorly is not because you want to gain any dominion over the devil, is so that you can have your feet stocked, so that you can walk in peace. That is why he says in Ephesians 6, having the readiness of the gospel of peace.

You are the one that need something to happen to you in the place of prayer. You don't need something to happen to the devil in the place of prayer, because why? the devil has been defeated. The Bible tells us that Jesus in Colossians 2:8, Colossians 2:14, 15 having spoiled principalities and powers. Your prayer life is not meant to do something to Satan. Something has been done to Satan on the cross. Something has been done to the devil on the cross. You are the one that needs something to be done to you.

So he says what your prayer and supplication with thanksgiving should actually do in your life, it should kit you on with the peace. It should make your feet stock to the ground so that it doesn't matter what is being thrown at you, in terms of anxiety and worry, you are not yielding ground. And that is what he is simply saying in this place.

So he says if your prayer life doesn't actualize that in your heart, if it doesn't actualize that in your life. It means your prayer has not achieve its purpose. So prayer as it were is meant to do something to you and not necessarily anything to the enemy. Because why? He has been defeated already. You are the one that needs not to yield ground.

So he says let your request... Now he said something, it's about your request. That is it. It's about your situation. It's about your circumstance. Those are the very things that the enemy is moving with. He is actually moving with those things to ensure that you are loaded with anxiety, that your life falls apart into piece because of your circumstances. The Bible says hijack those things, bring those requests to God in prayer and supplication.

Now, have you noticed one thing, he didn't say prayer and supplication and then thanksgiving because when some people read Philippians 4:6, that is how we read it. We end up thinking he said, prayer, supplication and thanksgiving. He didn't say that in Philippians 4:6. What he said is, prayer and supplication with thanksgiving... It means use thanksgiving as the vehicle to make your request.

I repeat that, he didn't say... because some Christians, what we do in the place of prayer is, we give thanks, we pray and we make request to God... say Father thank you for you have heard me. That is not what he said. He said thanksgiving should be the vehicle, should be the platform upon which you made the request.



And I want to encourage you to please look for our past transmission where we actually talked about Thanksgiving or Thanks living. You can look for that on our page. We actually did an Expose on the weapon of thanksgiving as a platform to make request known to God. If you don't actively do this, what happens is, you are going to lose something at your feet level. Its call the revelation of the gospel of peace, and if you do, it means every target of the enemy, and what is that target? Its anxiety. That is what he is flinging at us. That is what he is throwing at us. Anxiety! He said that thing can move us around unless we are stocked into the ground by having the readiness of the gospel of peace fasten into our heart.

Do you have anything to say?

It is understandable why people are neglecting this aspect of the armory because we are talking about the feet, is just down below. It's not that obvious and visible. When you are meeting two people, people can see your head, they can see the chest part and so... that is why it's make sense for people to take care of their head and the helmet and say I want to protect my head, and I want to protect my chest. Even the sheer size of that makes you to feel like, oh, I need to get this wrap up, I need to get something about it. But people just overlook and they try to take care of the other aspect without even remembering this and everything like that.

And we know Apostle Paul was able to tell us about it. It is an important armory because we cannot afford not to be balance. That is why he say let our balance be known to all men the Lord is at hand, even now that the Lord is at hand, we cannot afford not to be our posture to be deficient.

And he is ... for people to understand that even in the medical world, sometimes if they want to work on somebody on the posture, if they have the balance of posture, sometimes even the orthopedic don't even work unless they work on the bone. They work on the foot wear, sometimes they come with footwear, all the ... even the footwear, so that he can adjust the balance that he is working, so that he can have the stability. And so that is why we are talking about how stability, you cannot afford not to have a good posture. You cannot afford not to have a good balance, while you are talking about defense or attack whichever way.

You need to be grounded. That is why people use the word, that we are talking about the thinking, having your right. You cannot outsource your thinking. You need to be grounded. He use the word grounded, because when you are talking about grounded, we are talking about the spike, taken root to the ground. And that is why when you have your foot wear, you are wearing the appropriate footwear, you are kitted with the right foot wear, with the spikes that is grounded in that rock, grounded to the ground.

So you are not move by what is happening, the care. So you are not fallen apart because you are grounded. You talk about people, and say oh! He is grounded. Because he is not floating. That is it.

We are calling you to stay in a place and where you have your posture and balance in place. You are not fallen apart. You are grounded. That is why we want you to take up that footwear, that is the preparation, the readiness of the gospel of peace. And that is we are talking evening, I hope you are paying attention to that.

Now, please don't forget what we are going through is how does a Christian or how can a Christian actively have their feet shod or have their feet kitted with the readiness of the gospel of peace? That is what we are looking at. How do we actively do that? How do we do this on a daily basis in our Christian life? Don't forget again, the Bible says the only guaranty you and I have to stand at the end of the day is if we take on the full armor of God.

Now, let's go back to that Philippians 4 verse 6.

Again I read

### **Philippians 4: 6**

**6. Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.**

Don't forget that this thanksgiving will mean that even as you are making your request known to God, as you are going through your circumstance on a daily basis. Whatever challenge you are going through, you are saying to the Father I thank you, that even this very thing am asking for, the Bible says that all that I need for life and godliness has be made available for me. My God supplies all my need according to his riches in glory by Christ Jesus. You are making request. Somebody has needs. Somebody has not had its daily food. Somebody has not had his need met and he is still thanking the Father that I know that if you care for this sparrow, you care for me. You are making request, but the request is coming on the platform of giving thanks for you know that Christ Jesus has been made unto you all that you need for life.

You are making request, you seem to be in the negative. You seem to be somebody coming from a point of lack or need or there is a tension around your life, but yet you are making your request known to God on the platform of the finished work of Calvary. You are making your request known on the platform of what is available through redemption. You are saying like David in Psalm 103 that 'bless the Lord my soul and don't forget his benefit.'

How can you be asking God or making request known to God and still talking about the benefit of the cross simultaneously? The Bible says you need to do that and when you do that something happens to you. Something happens to and what happen to you? The peace of God takes charge of your heart. The peace of God takes charge of your soul. Your feet get shod with the revelation of the gospel of peace. And it doesn't matter what comes you will stand.

It's good that you brought Chapter 4 verse 6 because some people do like let's use prayer, and if prayer does not work, try supplication and try thanksgiving and if everything does not work. That is why we are reminding our audience to go back to... we have a Knock Out series on those Thanksgiving, "When thanksgiving goes wrong." You don't use thanksgiving like that. You had to not add its weight thanksgiving like that as a medium.

So it's not like when everything does not work then you now thrown in thanksgiving. That is the thing. That is not the way it is. It's just the medium for it.

Please, I will encourage you to have a look through Colossians Chapter 1. You can read from verse 1 to verse 16. You will see where the Apostle Paul was praying for the Colossians church, praying that they will be strengthen with all might in their inner man and when he comes to verse 12, he switch the language. And he said giving thanks to the Father who has made us meet, to be partaker of the inheritance of the saint in light. He said, who has translated us from the dominion of darkness to the kingdom of his dear son. He was saying that to people that he was asking to be strengthen. Can you see that? So thanksgiving is a game changer.

And the Bible says if we learn to understand that whatever you are need of at the moment was actually met in Christ. If we pray with that understanding, he says the peace of God, can you see? The peace of God, he says your feet get shod now, your feet get kitted now with the readiness of the revelation of peace that comes through the gospel. And he says if that happens to you. Listen! You are stocked in the ground. Nothing! None of those things will move you. None of those things will shake you. You are balanced. The enemy cannot take advantage now of you. And that is what he is simply saying. That we need to have our feet shod with the readiness of the gospel of peace.

Now, see how the procedure is going to go.

See the next thing there, he says... that is verse 8

Now, I want you to take note of this.

**8. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.**

Can you see that? Think on these things. This is where the rubber hits the road. This is where so many Christians are found wanting. Immediately, he talked about the revelation of the peace of God reigning over a Christian's life. He said, I will tell you something, something that you need to do finally, something that you can never stop doing this. If you want to actually have your feet shod, have your feet kitted with the revelation of the gospel of peace, I will tell you what to do.

You know, when it comes to peace, the world has a system of peace. You know in John Chapter 14, Jesus said something, verse 27 thereabout, he said **“my peace I leave you, not the world give peace.”** It will mean that the world system has its own over version of peace. You know, when people want to gain peace in the world, when they don't want to be shaken and push here and therein the world system, what psychologist and what Doctors or some people who are involve in this kind of things, say well for you have to have peace, they teach them mind relaxation techniques. They talk about transcendental meditation. They talk about them taking a deep breathe. They do yoga meditation, people do lots of stuff so that they can have peace and tranquility in their soul.

Well not the scriptures, not the way Jesus gives peace. Not the way kingdom peace operate. Not the way Christian should have their feet shod with the readiness of the gospel of peace. For a Christian, the Apostle Paul is saying am not asking you to relax your mind, am asking you to make your mind active now. He says there are some things you have to think upon. Don't go the way of the world that tells you to do relaxation techniques of relaxing your mind.

Now, a Christian doesn't need to have their mind relax. They need to have their mind active. Paul said, well if I told you that the God of peace and the peace of God reign in your heart, I will tell you what to do finally. Finally think upon these things actively. So it will mean that whenever a Christian is imbalance, whenever a Christian can be trip off by the enemy because of anxiety, it will mean they are not thinking.

Let's say that again, it means such a Christian must have outsource their thinking. They are not thinking. Anytime the peace of God is not reigning in your heart in verse 6, Apostle Paul says the problem in verse 7 is you are not thinking. What are you not thinking about? He says whatsoever things are true. Can you see that? Something are true and something are lies.

That is to tell you, you know Romans 3 tells us, let every man be a liar but let God be true. Let's say that in simple terms. Whatever experience you are going through now, whatever things is happening to you now, in your life. If it's not consistent with the truth of redemption. If it is not consistent with what Christ paid for, if it's not consistent with the victory at Calvary, that thing is a lie.

And Bible says, you need to think about things that are true. You cannot afford not to think. In fact some that think they think lies. Bible says, whatever things are true. You need to think upon these things. It means, how can you say this to somebody who is going through anxiety? How can you say this to a Christian who is being hit by anxiety? He said the one of the way out is this, you need to think upon these things that are true. Could be that the reason why there is so much anxiety around your life is because you are thinking about lies? What is a lie? Whatever is not consistent with the truth of God's word?

In fact there are Christians who prayer prayers, there are Christians who gather in place of prayer, prayer meeting and the very basis of the prayer points are lies. Why did I call them lies? Because don't things don't glorify the work of redemption, those things actually nullify whatever benefit that Christ has given to them. They say things and pray prayers that are not consistent with the victory of the cross.

And the Apostle Paul says if you are going to get out of anxiety, if your feet will be shod with readiness of the gospel of peace, there are things you need to think of, things that are true. You must be actively thinking. So every time anxiety is hitting you, you are not thinking, that is what the Bible is simply saying.

Yea, let me just say that it does matter how you go about your peace, how you get about the peace, because now everybody is pushing for peace. We have national conflict resolutions, living with peace with your neighbor and all the things so the whole world is talking about peace, clamoring for peace. It does matter from the scripture today how we get about the peace.

So we are going to dish any eastern method that allows us to block things us, hypnotize us, that is not the kingdom way of getting the peace. The kingdom way of getting the peace as we found out in the book of Ephesians is about getting our footwear. We have that footwear hooked to the ground, the readiness of the gospel of peace. And that is the way of going about the peace.

So it's not just like you just want to achieve peace by compromise, you know there are some peace that comes by compromise, he says I give you my peace not the way gives peace.

So we are contrasting the way the world gives peace with the kingdom way of getting peace. And that is what we are calling us to, and shaking us off, knocking off every other methods, all the other eastern methods or any method that it's not in the line of the scripture, that it's not in line with New Testament way of getting peace.

So it's about how you get it, it's not... there is a difference between it, the way you go about it. And that is why we are encouraging you to go the way of the New Testament and knocking out every other procedures, every other association. You see the New Testament way, you have to actively engaging our mind on something. It's not about blocking off, it's not about meat and diet that takes us off our consciousness and reduce us and then pushing us and all those things away. That is not the way, or knocking us out of consciousness that we are not aware and open to other things.

The way is we actively engage the mind, that is the way. We are thinking on things. not blocking us some things like that. I hope you will be able to note the difference.

Thank you for that insight.

Now, if you notice, viewers, Ephesians 6:15 says it is the alertness or readiness that comes from the gospel of peace. It will mean that in the gospel of Christ, we need to think out the implication of the gospel. You see, the Apostle Paul is simply saying here to the Philippians brethren I will show you, even though I told you the peace of God that transcend, goes beyond all understanding. If you notice, so you might think that the Apostle Paul is talking to Christian and saying that, well, you need to have the peace that will go beyond rational thinking, or go beyond all understanding. You will think that the Apostle Paul was anti-understanding because that is how it sounds like. Which some people have actually have label Christians, that Christians are people who don't think, who don't actually understand how our world works and they actually go for fairy tales. Well, that is not what he is saying because if Apostle Paul was anti-understanding why will the next verse 7 then says think upon these things?

It will mean to you then by revelation of God's Word, it wasn't that Paul was against understanding. What Paul was simply saying is, I need you to think and gain an understanding that is higher than natural understanding.

Let' say that again, so it's a battle of understanding. When he says the peace of God that transcend understanding. Am simply saying that you should think in verse 7 and gain an understanding that is higher than the understanding that is causing anxiety in your life. I mean, the reason why people are anxious, the reason why people are anxious today, the reason why people have anxiety, why people are fallen apart, why the enemy is targeting the Christians with so much worries and anxiety is simply

because those Christian do have an understanding of the situation. It takes somebody who understands the implication of what they are going through to be worried. That is true! It takes an understanding to be worried.

In fact, every worry and anxiety is borne out of understanding. People talk about the fact that ignorance is bliss. And the reason why they say that is because, for you to be concerned and be anxious, it means you know things that the person who is not anxious doesn't know. You know things and that understanding is our problem.

And that is why the Apostle Paul says I need you to think in verse 7 now. I need you to think. Think about things that are true. And that is why we then see the connection with Ephesians 6:15 that says it's the peace from the gospel, he says the gospel of peace. I want you to think about the implication of the gospel. I want you to think about things that are true and if you think about this, you will gain an understanding that actually surpasses the previous understanding that was causing the anxiety in the first place. So this is a war of understanding. It's a battle of understanding. An understanding has to swallow the other understanding. And that is what he is saying there and that is what we see in this Philippians 4:7.

Now, what we are simply going through at the moment is to show us practical steps on how to have our feet shod with the readiness or the alertness of the gospel of peace.

In other word, this is a call to higher form of engagement and reasoning where we are going to actively engage our mind, our reasoning faculties and everything. That is why it comes handy, we cannot outsource this. When we are talking about peace, it's what we have to do yourself. We have to come up higher. We are going to dish a level of understanding of something we have before, for an higher level of understanding. Leaving an understanding to gain an understanding, that is what he is sating.

And that is the active form of engagement which you have to do yourself. You have to be actively involved in the process of your peace. The process of your peace needs your active involvement which you are going to engage your mind. You are going to dish the form of understanding you have and allow your mind to process a level higher of understanding.

Now, you see let's what Christ Jesus has to say to the Christians on how to have our feet kitted with the readiness of the gospel of Christ. Let' see what Christ has to say to us.

Let's go quickly to Matthew 6, now don't forget we now know what the enemy is targeting at the Christian, is anxiety and worry and fallen apart. And that is what our

feet being kitted with the gospel of peace is meant to do with. It's meant to be our defense mechanism in our walk with God.

Now, if you look at Matthew 6, you can read from verse 25.

Now, watch this!

It's a very popular verse that people read, but let's see the implication of this verse as it connect with Ephesian 6:15, having our feet kitted or shod with the gospel of peace.

### **Matthew 6:25**

**25. Therefore I say unto you, take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?**

Again we see that anxiety and please we've said before, we don't want to repeat ourselves again where we did say that he is not saying don't think about things, don't fall apart, moderation. If you are no more balance in the way you think about your circumstance, he says come! something can take over, the enemy can take over the situation. The devil is an advantage taker. So he is not saying don't think about things at all. He is saying don't fall apart.

So you can go on please,

**take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?**

Those are those things that drive unbelief into our lives. He said don't let your thoughts be consumed upon these things.

Now, see what he says next,

**what ye shall put on. Is not the life more than meat, and the body than raiment?**

Can you see? When you ask somebody a question, when you asked somebody question, you want the person to think and give you a response. That is why you ask question. Jesus said I will tell you that anxiety and worry and fallen apart should not dominate and scatter your life and then you become a prey to the enemy in spiritual warfare because your feet is not shod. But he says even though I say don't take thought. I want you to think, and he began to ask question. He says I want you to think.



It means Jesus by his own very teaching in Matthew 6:25 automatically comes to a point where he thinks that if somebody can think about the implication of what he is going to tell them, then they will be immune, they will have a defense mechanism against anxiety. It means they will live in peace. They will walk in peace. They will dwell in peace.

See what he says, he said, is not life more than meat? I want you to think about this. I want you to think about these things, think about it... Can you see? Think about it... is not life more than raiment and the body more than raiment.

Now the question I want to ask you is this, if you believe that Jesus Christ came into this world and actually he was made sin that knew no sin not because of him but because of you, because of your life, because he want to redeem your life, because he actually paid for you and brought you back out of darkness into light. What he is saying here is, if he has to do that for your life, is not your life much more than meat? If he can do that for your life, common! What about what you are going to eat or drink? And then he is asking the believer to think about the implication of the gospel, and he says if you think about the implication of the gospel, then there will be no room for anxiety.

It will mean again, for this testimony of Christ Jesus in Matthew 6:25, the reason why so many are being attack by anxiety, they are not thinking. You are not thinking. You are outsourcing your thinking. Christ says you are not thinking about the implication of the gospel. He said, there is a peace that comes from the gospel. Having your feet shod with the readiness of gospel of peace. We are not thinking about the implication of the gospel. That is what the Bible is saying. We need to think about it, what is the implication of the gospel in our life?

Can you go on please?

### **Is not the life more than meat, and the body than raiment?**

Now, think about it, think about it. 1 Corinthians 6 tell us something. 1 Corinthinans says therefore glorify the Lord in your body and in your spirit which are Gods. He says your body and your spirit are God's property. He purchased them with the blood of his son Jesus.

Now he says, if God can do that and we know that our body is purchase that is why for every believer, for anyone who is born again, for anybody who is washed in the blood of Jesus, there body will be redeemed at the second coming of Christ. We will actually drop this mortal body and take on immortality because Christ paid for that

body and he is asking you a question, he said is not your body much more important than cloth?

If Christ has to shed his blood, if the person who is perfect, the person who has no sin has to take on the consequences of your sinful nature so that you can pay the price for your body. He is simply is your body not much more important than the very cloth you want to fall apart for? You are fallen apart because you don't have a cloth to wear, you are fallen apart because you don't have the food to eat. He said, common! Christ actually focused on things that are much more important than those things. He said, if you think about the implication of the gospel, there will be no room for taking thought and anxiety in your soul.

It means again, we see a second testimony in the scripture that every time somebody is falling apart, every time somebody is full of anxiety and they are being driven here and there by the enemy they are not thinking about the implication of the gospel in their life. Their feet are exposed, they are not shod with the readiness of the gospel of peace.

We can see the consistency of this New Testament charge in this Matthew Chapter 6 telling us, challenging us to question, call us to reason, think about this... So any religious place or wherever you are or any association that is asking you to frown against thinking, reasoning in the scripture.

We have a calling forth to reason in these things, reason in the reality of the death and resurrection of Jesus, reason on this... what makes for your peace, you know he was talking to those, if you know what makes for your peace, knowing what makes for your peace, be actively involved in the process of reasoning it out, understand it that is why Jesus was feeding those questions for them as sample questions, can't you think that your life? challenging them, feeding them those questions, think about, your life is more than meat, your body is more than the raiment and so peace we are talking about is not the one that makes you feel docile and sit down and change the interpretation of somebody or what somebody thinks about it, or process it for you, it's the one that you actively engage your mind and think through. And think through what makes for your peace, how was this peace brought about?

He was telling you... Isaiah telling you this healing came about. He was beaten, bruised for your healing, so you need to be able to process this and understand how this peace came about. And then actively engage your mind, you will be able to dish the lower level of understanding and that is that lower level of thinking your body is more than meat. If your body belongs to him, if he paid for that body, if he paid for your life, common! Bible says nobody goes to war on his charge, if he pay for your

life, if Christ did die for things that are much more important than the very things we are fallen apart. Why are we falling apart? That is what he says.

This Matthew Chapter 6 was when Jesus was feeding those questions to them to dish the lower level of understanding, compare and contrast, your body your meat, that kind, your life, your cloth, your body, raiment to dish it. So you have to dish one level of understanding to another one, that is what Philippians 4 was talking to us about. We have to drop this and come up higher and think on these things. You have to think about.

So if there is no peace at the moment. If we are not walking in peace, see! You might be asking a question, how do you know somebody is not walking in peace? Well, Philippians 4: 4, 5 tells us is about anxiety. It's about being...like I said we use the word, you know, too much burdened, so much weight on our soul, being thrown apart, something happen we are almost scattered. Somebody said something, we are fallen apart. Somebody did something, we are almost fallen out. And the Bible says, the reason those things are happening, we are not thinking, we are not thinking about the implication of the gospel.

He said, something that makes your foot to be hooked on to the ground. And he said is the revelation that comes from the peace, that flows from your understanding and thinking. Thinking out the gospel, thinking out what the gospel means, the implication and that is what Christ was inviting them to do in Matthew 6:25, to think about the implication of the gospel.

I hope our viewers will not forget that there is no way you can stand grounded without having the appropriate footwear, so that you will not be tossed away. And is that foot wear we are discussing today. Because people think of anxiety like this, may not be able to make the connection to it that when all those things are coming at you, all those from the lower level of understanding and trying to move you about, throw you off balance. When you want to think this way and want to push you to think the other way round, and so want to move you from the faith, you have your feet shod with that preparation, that is readiness of the gospel of peace, you know what makes for your peace, you are really grounded and so when those anxiety thoughts comes, cannot move you because it's based on the level of the higher understanding which you know how is being process and that is why you are grounded and in your grounding you will not be able to thrown off or be tossed away by those thoughts, those anxiety thoughts- what to eat, what to drink. Those anxiety were borne out of an understanding and its inviting us to have another understanding (Philippians 4:4, 5)

All those circumstantial questions that come and want to throw you off the balance, when you have your feet shod with the preparation, you are grounded, so you cannot be move about.

Now we see this insight of what the Apostle Paul was inviting every believer to do in Ephesians 6:15. Can you now see why he call it a readiness, alertness, preparedness. He call it that because you are ready for whatever is going to come. It means you are ready. You can say to the enemy bring it on, do your worst. It means you are ready. You are prepare. It doesn't matter what is coming. You can speak like Apostle Paul in Acts 20 that none of these things move me. It doesn't matter what it is, and what the standing might grant.

And then, have you then notice that it means then the concern of a Christian should be that we are taking advantage of this armory, that is the concern. We shouldn't be bothered about the devil as it were. We should be bothered about are we making use of the armory of the spirit? The devil is a defeated foe. All he does is to watch out for a Christian who is not balance. To watch out for a Christian whose heart is overcharge, he is going to watch out for that. And once he see that, he takes advantage. It means anytime Satan is at work in the world, whether in your life personally, whether in the corporate circle, if the devil is at work, somebody is giving him place, that is what he does. He just take advantage. That is what he does.

That is what this transmission today is expecting that we cannot afford not to be hooked to the ground, so that these things will not move us.

Let's go quickly to John 14 and get another insight into this being shod with the gospel of peace. So that anxiety has no place in our lives.

John 14 we can read from verse 27

### **John 14:27**

**27. Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.**

Now, can you see that? That again you might want to put in that place, don't fall apart, anxiety, don't be distress. Don't be distress!

And he will tell us the reason why he say we shouldn't be distress. Can you see? I want you to take note of this, take note of the connection we are making by the spirit of grace.

Have you seen before he says don't be distressed he says my peace... he is simply saying here comes a fortification, here comes your being shod with the readiness, alertness of the gospel of peace. He says if you are fortified in verse 27 then it will mean then there will be nothing about your heart being troubled. Anxiety will have not have place in your life. You will not be confused entity as a Christian. You will not be somebody who is mess up in their thinking. You will not get to a point where you are confused. He says well, if you take on the right armory, that is why if you notice anytime he talks about peace in the scriptures in most cases the things that come in the opposite side will be worry, anxiety, being troubled, distress those are things that actually are on the opposite side of peace.

So anxiety is not the problem, distress is not the problem. The main problem is not taken on this armory of peace that comes from the gospel.

So let's go on please,

Verse 28

**28. Ye have heard how I said unto you, I go away, and come again unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.**

**29. And now I have told you before it come to pass, that, when it is come to pass, ye might believe.**

**30. Hereafter I will not talk much with you: for the prince of this world cometh, and hath nothing in me.**

The devil is coming, now the advantage taker is on his way.

See what we are talking about today we want to build up a confidence in your spiritual life. You know, we have Christians who over estimate or they give Satan so much credence. In fact there are some things, they just say everything is the devil. Here is Christ saying, the devil is coming.

Watch this!

What does he say then?

**and hath nothing in me.**

It will mean then that when the devil tries to come in a way come at any one, it means, he will need to find a loophole. That is the point. So it will tell you that the devil cannot operate in your life contrary to what some prayer warriors might have told you,

contrary to what some house of prayer, or some prayer places might have told you that Satan can do and undo, it's not scriptural. He cannot do and undo?

Here is Jesus Christ saying the devil comes, but there is nothing here. He doesn't even have anything to do with me. The same thing you can say today, the same thing you can say based on this transmission that if you have your armory, there is nothing the enemy throws at you, there is nothing he is going to do with you. Devil has nothing on you. Because there is nothing he comes to hook on to. There has to be something first in the life of a Christian that the enemy can work with. I repeat that, first the devil ensures that something he can work with. If there is nothing he can work with, there is nothing he can do. Here is Christ saying the devil is come, but there is nothing, there is nothing he can do with me.

And that is why if you notice, when we started Ephesians Chapter 6, the principle there says finally my brethren and I think most people who talk about spiritual warfare, we always try to jump to Ephesians 6:14 and 15. In fact we jumped to where we wrestle not against flesh and blood, we quote it with all spiritual fervor. We've forgotten the fact that it started from verse 10 where he says finally my brethren be strong in the Lord and in the power of his might.

There was nothing about rulers of darkness of this world. There was nothing about spiritual wickedness. Before he said that, the very first thing was brethren take advantage of our armory, be strong in the Lord and in the power of his might, if you do that, forget about all those rulers of darkness of this world. What is your business with them? But most people just run all the way, we flip over strong in the Lord, in the power of his might and we start talking about rulers of darkness of this world, spiritual wickedness of high place.

Now, the reason why we are susceptible to those is because we didn't take on advantage of something that was there before, which is be strong in the Lord and in the power of his might. That is all the enemy has, it's all just antics and lies. That is what he has to make sure a Christian is ineffective in taken up the benefit of the strength in the Lord, in the power of his might because he knows that once you are not taken up that benefit, when the enemy comes he has something he can hook on to in our life.

That is why the Bible says we need to be alert and be ready having our feet shod with the readiness of the gospel of peace, it means we have a fortify defense mechanism. When the enemy comes, we can say like Christ, there is nothing for him to hold on to and that is what we see in this scripture. So that is what we see there.

And then we now can go back to Ephesians 6 verse 15. So we've seen from different instances in the scripture how we can have our feet shod or hook on by the readiness of the gospel of peace.

So let's go quickly back to Ephesians 6 verse 15 so that we can see how this actually works out.

### **Ephesians 6:15**

#### **15. And your feet shod with the preparation of the gospel of peace.**

And your feet shod and hooked on to the ground with the revelation of God's peace that comes through the gospel of our Lord Jesus.

**So as we round up today, we've actually shown by the scriptures that a Christian cannot afford not to be kitted, not to have their feet shod with the readiness, the alertness that comes from the peace, that actually goes through understanding the gospel of Christ. And the Bible says one thing that as a Christian, we need to think about the implication of the gospel so that we can gain an understanding higher than the present understanding causing confusion in our lives and that is what we've seen there today.**

Yes we are challenging you to think and putting all your thinking cap to think about this, of what use is having your helmet of salvation, of what use is having your bullet proof of righteousness, of what use is having the belt of truth when you are not balance. When you are standing, your posture is unbalance, everything that happen is just confusion around you and you are not even at peace. You are troubled, you are thrown off, you are put apart and then you are still wearing your helmet, you are wearing your breastplate of righteousness, it doesn't make any sense.

That is why you need to really pay attention to what we have shared today and you might need to go back to this recording and think about it. It is a call to thinking. We are calling, challenging you. You have been thinking about something before, you are being troubled about what to eat, what to drink, you are already pull apart based on your thought but today we are challenging you to come up like in Philippians Chapter 4.

We are calling you to some higher level of things you need to feed your mind on, instead of thinking about what to eat, what to wear, he said think on these, whatsoever that is for...you are going to substitute, it's a substitutionary exercise this evening, for you to substitute thinking about what to wear for whatever is of true report. Those are the things.

You are not allowed to stay blank. We are not calling you to blank things out. We are not calling you to hit yourself out of consciousness. You know he was saying readiness of your... You are ready for anything that comes. Yes the readiness of the peace.

So the peace you are talking about is the one that gets you up, you are on alert, yes! You are ready, you are up for it, to say whatever just like Paul says bring it on, you are ready, you are up for it not the one that knock you out of consciousness and so you are not even yourself anymore. You are actively engaging and that is the peace we call you into.

I hope you will be able to pick this thing out. We trust the Lord, that the Lord is going to drum this into your understanding so that you understand the process of your peace. What makes for your peace. He told the people of Israel if you know what makes for your peace, that is what we are telling you today. You will be able to research and think about what makes for your peace.

So thanks for joining us today, we do hope that tomorrow 9am UK time, you will be able to follow us as we continue on this series, you know the armory section. We still have a lot to talk about. We just stopped at Ephesians 6:15 today. So we are going to continue from where stopped tomorrow and so we want you to join us tomorrow as we continue this.

Again if you have liked any of our videos we want you to go the page to like, because it is a different thing, if you like any of the videos, and you don't like the page, you will be missing some of the video that is on the page. You can even go further by following, and you can even go further than that by saying View first on the following so you don't miss any of those things, it comes to your news feed.

And so if any of these speak to you and blesses you, we want you to share it. We want you to live the truth. And share it with your contacts so that they can be blessed and we can do the journey and walk together in this same truth.

So till we see you tomorrow morning 9am UK time

What do you want to say?

God bless you, see you

As you have received Christ Jesus the Lord, so walk in him. Amen

Bye!!